



Basic and Advanced

Problem Gambling Training Workshops

May 16-18, 2006

Shoreline Center
18560 – 1st Ave. NE
Shoreline, WA 98155

The Schedule

Tuesday – May 16, 2006:

8:00am-5:00pm*

**An Introduction to Problem/Pathological Gambling-
Agony or Ecstasy
*Presented by Donna Whitmire***

Participants will have an overview of the history of the social impact of gambling in the U.S and Washington State. They will learn of the induction in the DSM III, the signs, symptoms and progression of the illness of pathological gambling while exploring the differences between alcoholism and problem/pathological gamblers. They will discuss types of gamblers with interactive work around assessment tools for evaluation. There will be an emphasis on the intake process with risk assessment indicators. A panel of recovering gamblers will share their personal perspectives. There will be information on resources for referrals for treatment while discussing the process for certification at the state and national level.

Participants will be able to:

- evaluate a problem gambler with the screening tools such as the SOGS, NODS, and GA 20 Questions
- determine the differences between the pathological gambler and the alcoholic while addressing the risk factors with the initial intake
- understand the seriousness of the illness with potential for a co-morbid process
- learn about resource materials, Gamblers Anonymous and Gamanon.

Wednesday – May 17, 2006:

9:00am-12:00pm*

**Problem Gambling and the Family
*Presented by Donna Whitmire***

Problem Gambling is a family matter and there are three steps introduced to effectively engage the family or loved ones in the treatment process. The workshop will explore the signs, symptoms and progression of the family with this illness while addressing the how, when and why of developing a family program. Discussions will evolve around topics such as bailouts, the 3 C's in family recovery and financial protection guidelines. There will be Gamanon panel presenting.

Participants will be able to:

- determine the three steps of the treatment process to engage family/loved ones
- know the signs, symptoms and progression of the illness
- develop a family program
- understand the 3 C's in family recovery

1:00pm – 4:00pm

**Women and Problem Gambling
*Presented by Suzanne Evich-Gibson***

A Night Out With The Girls use to mean a Bridge Game or dinner and a movie but not any more. With increasing acceptance and easy access, women are gambling more. Among male and female problem gamblers there are some major differences. With the female gambler there is a

higher risk and a quicker progression into the addiction along with more identified medical issues. A higher percentage of women are escape gamblers but this is changing. A woman can get the rush of the win but also the rush of playing poker with the guys, at one time considered strictly for men. The numbers continue to rise as the internet makes it more attractive to women who are able to gamble in the privacy and comfort of their own home.

Participants will learn:

- Gender differences
- The effects of television poker tournaments
- On line escape
- Increasing percentages over the last five years
- The Co-occurring Disorder

Thursday – May 18, 2006:

9:00am-12:00pm*

Problem Gambling Treatment Planning

Presented by Donna Whitmire

The workshop will go over the ASAM criteria in treatment planning and discuss the differences with inpatient treatment and outpatient treatment; mental health facilities as opposed to chemical dependency agencies. There will be disguised case presentations to work in dyads and/or triads for interactive group treatment planning. We will explore the barriers involved with effective case management and discuss lecture topics for an outpatient problem gambling treatment program.

Participants will learn:

- ASAM criteria with treatment planning
- Utilization of agency strengths
- Barriers in case management with problem gamblers
- Recommended lecture topics

1:00pm – 4:00pm

Legal Issues in the Assessment and Treatment of Problem Gamblers

Presented by Charles D. Maurer, PhD, ABPP

This workshop will review a variety of issues faced when doing assessment and treatment of problem and pathological gamblers and their families. Discussion will highlight what specific legal situations the clinician might encounter when seeing problem gamblers, how the legal system has dealt with these challenges, the impact of money related crimes and possible court mandates, bankruptcy and collections, impacts on marriage, and types of treatment interventions specific to legal issues. Case presentations will be made highlighting these issues and forensic evaluations will be shared.

Participants will be able to:

- Describe how problem gambling can lead to illegal behavior
- Integrate assessment of legal issues into treatment
- Determine when to refer for more specific forensic assessment and legal advice
- Consider the impact of legal consequences on the marriage and family

***12:00-1:00pm Lunch on your own each day**

The Presenters

Suzanne Evich-Gibson is the Executive Director of Highland Courte Inpatient Treatment Center. She is an instructor at Peninsula College, teaching Dual Diagnosis and also Gambling and other Process Addictions. She has had an impressive career that has spanned over 20 years. She is the author of, *The Face Behind the Mask* a book for children about addiction.

Charles D. Maurer, PhD, ABPP, is a clinical psychologist in private practice in Seattle. He is past President of both the Washington State Council on Problem Gambling and the National Council on Problem Gambling. He has presented workshops on the assessment and treatment of problem gambling to psychologists, attorneys, correctional personnel, and alcohol counselors in training. He is a Washington State and Nationally Certified Gambling Counselor. Dr. Maurer has performed forensic assessments for attorneys and the local and Federal Public Defenders Office and has given workshops to various legal professionals.

Donna Whitmire has a BA in Psychology, attended the University of Hawaii's MSW program and is completing her Master's in Marriage and Family Therapy. She is a Washington State and Nationally Certified Addictions and Gambling Counselor. She spent 10 years in the public schools working with children and adolescents at risk and has been an Addictions Counselor for 16 years. She developed and facilitated the first Washington State hospital based outpatient treatment program for problem gamblers and their families. She has worked extensively in inpatient and outpatient agencies developing programs for family, adolescent, eating disorders, and for United Way as a bereavement counselor. She currently serves on DASA's Advisory Committee on Problem Gambling, is a part time instructor at Bellevue Community College and presents workshops on Problem Gambling both nationally and within the state. She is in private practice.

General Information

Co-Sponsorship



DASA Division of Alcohol
& Substance Abuse
www1.dshs.wa.gov/dasa

We would like to express our sincere thanks to the Division of Alcohol and Substance Abuse, Problem Gambling Treatment Program for their sponsorship.

Meals

Morning and afternoon beverage service will be provided. Lunch each day is on your own.

Driving Directions

Driving directions will be sent with your confirmation of registration.

Continuing Education/Certification

These workshops qualify toward the 30 hours of gambling specific education required by the Washington State Council on Problem Gambling Certification Program and are pending for the National Council on Problem Gambling Certification Program.

Cancellation Policy

Refunds will be issued less a \$25 administrative fee if received in writing three (3) days prior to each event. No refunds will be issued after that date.

Registration Form

Registration Deadline is Thursday, May 11

Please print clearly.

Name _____

Position/Title _____

Agency _____

Address _____

City _____ **State** _____ **Zip** _____

Daytime phone _____ **E-mail*** _____

***In the future, training notices will be sent by e-mail only as a cost saving measure.**

No on-site registration.

Please check which days you would like to attend:

☐ **May 16-18 Basic and Advanced Workshops**

Fee: \$120

☐ **May 17-18 Advanced Workshops**

Fee: \$ 72

Total amount enclosed: \$ _____

Please make check payable and mail to:

WSCPG

P. O. Box 55272

Seattle, WA 98155

For questions, contact **Deborah Rost**, at the **Washington State Council on Problem Gambling**,
206.546.6133.